

# Personal Space

## A Social Story



**Hi, friends! Today, we are going to learn about personal space.**

**Personal space is the area around us that we like to keep just for ourselves. It helps us feel safe and comfortable!**



**What is Personal Space? Personal space is like an invisible bubble around us. Everyone has their own bubble, and it can be different sizes. Sometimes we want our bubble to be bigger, and sometimes it can be smaller.**



**Why is Personal Space Important?**  
**Respecting personal space is important because it helps us feel happy and relaxed. When we respect each other's bubbles, we can all enjoy being together.**



# Signs Someone Needs Their Space

Sometimes, we might notice that someone needs a little more space.

Here are some signs:

- They take a step back.
- They cross their arms.
- They look uncomfortable or fidgety.



# How to Respect Personal Space

Here are some ways to show we respect personal space:

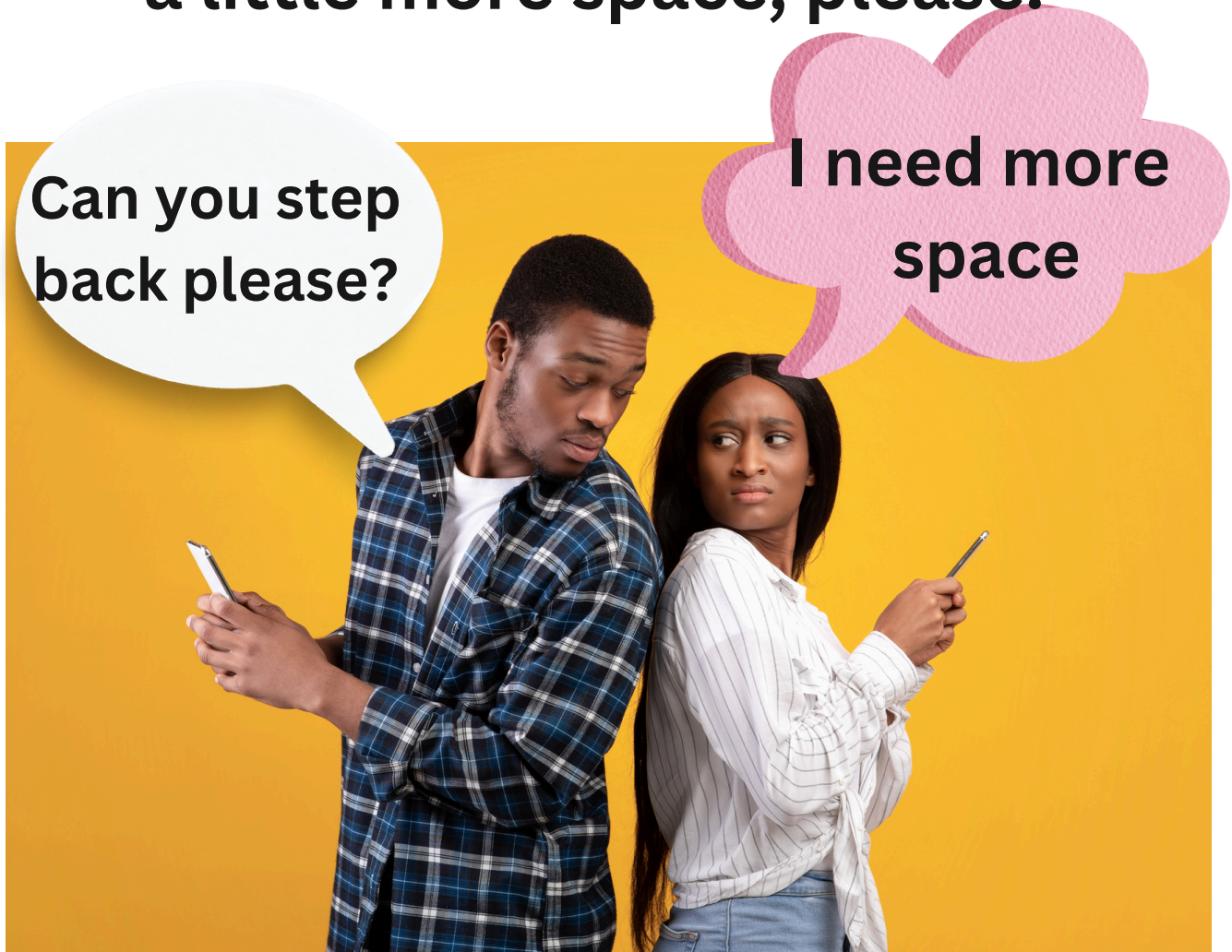
- Keep a friendly distance when talking.
- Ask if it's okay to come closer.
- Use polite words and a smile!



# What to Do if Someone Gets Too Close

If someone is too close for comfort, we can:

- Politely ask them to step back.
- Move away to give them space.
- Use “I” statements, like “I need a little more space, please.”



**Conclusion Remember, respecting personal space helps us all feel good. We can have fun and be friends while still giving each other the space we need. Let's keep our bubbles safe and enjoy being together!**

